

Let  
Heav'n & Nature  
Sing

12 Meditations  
for Personal Peace &  
Peace on Earth

*Rev. M Dele*



Let  
Heav'n & Nature  
Sing

*12 Meditations to Birth  
Peace in Your Heart &  
Peace on Earth*

*Rev. M. Dele*

*Giving honor to God  
and gratitude to my family  
for their love makes all things possible*

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*Nature holds secrets to our personal inner peace as well as peace on earth. This devotional comments on scripture, offers prayers, and asks questions as a layered way to unveil those secrets.*

*Four advent Prayers from the Angel of Annunciation, Mary, Joseph, and the Wise Men are sprinkled throughout the work to anchor Heav'n's voice in the devotional. Nature's voice is illuminated through 12 scriptural themes. Every three devotions, your voice is invited to respond on the Soil & Soul Work pages. The Soil & Soul Work pages are meant to raise questions that will help you blossom as you:*

*Align your spiritual potential & earthly mission with one another*

*Remove elements that keep you bound to the negativities that can resurface during family holiday gatherings.*

*Inspire others to move beyond the fears and apathy that threaten our personal peace and fuel our climate crisis. I'm praying for and with you for God's guidance in your next steps.*

*Peace and Blessings!  
Dele*

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# *The Angel of Annunciation*

*Gabriel spreads confidence that  
the light birthed within the human soul  
is stronger than any darkness*

May your angel awaken a radiant love deep within your heart that is easily shared with family, your neighbor, and stranger alike.

May you deeply appreciate Nature's radiant love that surrounds you everyday.

May you become so close to the land, that the community called soil becomes your friend.

# Day 1

## Tree of Life

### Genesis 2:9

When God coupled the earth with the breath of eternity, our souls and the soil were fused and our destinies perpetually intertwined.

Humans were then placed in a food forest garden governed by laws of abundance. In the center of the garden, God placed the tree of life.

Trees model abundance by generating what others need and recycling what is used. Oxygen, soil, rain, and fertilizer are constantly produced and freely shared. Just as trees emit a massively calm presence, we too can emit peace when we share our gifts and gratitude for our Creator.

# Day 2

Serve &  
Preserve

Genesis 2:15

Before we were told to love our mothers and fathers, or even to love God, we were told to love and care for the land.

This instruction was our first commandment. In serving the land we maintain emotional, mental and physical health for humanity. In preserving the land we regenerate enough wealth for everyone -- for generations to come.



# Day 3

Abundance  
Needs Diversity

Psalms 65:13

Biodiversity, abundance, and peace are 3 peas in a pod when we follow God's original landscape plan.

Ecosystems match specific plants with specific insects in thousand year marriages. Birds follow herds and herds fertilize meadows in never ending cycles and symbiotic relationships.

As diverse people learn to mimic these cycles, the hum of humans cooperating with Nature and each other will restore God's original abundance. Abundance under girds peace.

# *Soil & Soul Work*

How can I radiate love when it is raining negativity? How can my breath give me peace throughout the day? How do I even find time to breathe?

How do I cultivate joy with diversity in my life?

Does my landscape plan preserve peace and abundance with native plant relationships? Do I keep plants in families or do I isolate them for my own pleasure?

*If your mind races like an invasive weed, email me and we can talk!*

[Click if you desire support](#)

# *The Spirit of Mary*

*Deep humility drawn from an even deeper well  
of unquenchable joy.*

*Using this invincible strength she gives birth to the power  
of transformative love in our world*

May you become increasingly aware of  
the unquenchable joy that lives deep  
within your soul.

May your joy give you strength  
to dig into your deepest challenges  
and cultivate resilience.

May every act you perform  
spread transformative love  
in our world.

# Day 4

## Sabbath Rest

Genesis 2:2    Exodus 23:11

Sabbath rest is a sacred part of an abundant and peaceful life.

In natural laws there is sabbath in the rising and setting of the sun, in the seasons which come and go; and the rests between our incoming and outgoing breath.

Human laws require sabbath in order to join health and wealth in peace. Our economy and ecology sustain balance and justice during regular rest periods.

# Day 5

Growth  
Requires Silence

Psalms 1:1-3

Just as seeds sprout when undisturbed,  
and our body grows when at rest; our  
emotions and thoughts mature in  
silence.

The wisdom of forests, the sun and  
ocean are all shared in silence--and in  
silence our hearts receive wisdom.

Still waters run deep

# Day 6

## Sacred Space

Isaiah 5:8  
Ezekiel 34:17-19

Selfish land use violates sacred space, causing toxic waste to poison personal, communal and global well being.

Chickens stacked in cages, people stacked in high rises, work and family schedules stacked on top of each other create the same result--emotional crises, filth and, the inability to recycle waste or renew the soul.

# *Soil & Soul Work*

What is the difference between caring for myself and selfishness? How much joy and peace do I cheerfully give to others?

What stones keep my heart from staying fully open? Is it apathy, a sense of powerlessness or unforgiveness? How can Nature help me dissolve these traits?

How do I create silence during my waking hours? Am I able to rest in blessed assurance when others around me are anxiety filled?

[Click if you desire support](#)

*We can work it out together!*

# *The Spirit of Joseph*

*is wedded to compassion.  
Grace evaporates his pride  
and he midwifes  
the world's prince of peace*

May you be so infused with compassion

That the landscape of your heart makes  
God smile.

May you cultivate a garden philosophy of  
life-- and weed out greed, malice and all  
other manifestations of fear before they  
establish a stronghold in our cultures.

May you excite your community to  
recycle, reuse and renew abundance,

And Creation sings wherever you walk



# Day 7

Remove  
Selfish Hearts

Psalms 119:36

Pride and selfishness are faces of fear. The good news is that selfishness can be erased whenever we stop believing the lie of scarcity. There is enough time, enough love, enough food, enough land for everyone to be comfortable. The only catch is not to hoard what you can't use and don't waste what you have.

# Day 8

## Honoring Generations

Deuteronomy 5:16  
Exodus 34:6-7

Honoring generations maintains a healthy cycle of life in the present and future. Honor preserves personal peace, peace in the household, and peace in our communities, which in turn supports our personal peace.

Our lifestyle should honor Mother Earth. When we receive wisdom from our earthly parents and pass it on to our children, we are then able to protect and preserve the unborn generations.

# Day 9

## Climate Solutions

### Genesis 41:33-36

When God revealed to Joseph that climate change would bring a famine, a plan was also revealed to maintain abundance during the crisis. Pharaoh implemented a locally based food distribution plan and people's lives were saved.

Today Agroecologists and Permaculturists teach how to restore ecological balance and how to preserve abundance during time of lack. Churches are shifting from individual projects to regional systems.

Our duty is to act on the plans.

# *Soil & Soul Work*

How would I describe the landscape of my heart? What needs mowing, pruning, cultivating?

What do I hear in Creation? Do I like my response to what I hear? Am I having fun? What fears hide behind my smile?

What am I doing to support resilience in my neighborhood? How many generations are involved?

What am I doing to honor my earth mother as well as my birth mother? What will unborn generations say about my contribution to cycles of life?

[Click if you desire support](#)

*Cultivating souls and soil  
is more fun together!*

# *The Spirit of the Magi/Wise Men*

*Steeped in the oneness and wisdom of God,  
they heard God speak through Creation.  
They freely shared Earth's wealth  
and protected her redeemer*

May you live in the oneness and  
wisdom of God.

May your abundance redeem the earth and  
bless abundant others,

While Heav'n and Nature Sings!

# Day 10

## Earth Belongs to God

Psalms 24:1-2

In this age where private ownership is worshiped, it is easy to forget that Earth is a gift to us. Regardless of how much we pay, how hard we work, or how much violence surrounds us-- Earth belongs to love, peace and abundance.

Whatever we give to Earth, she returns a thousand fold to us. Gratitude in the way we care for Earth will create symbiotic waves of abundance that are open to everyone.

# Day 11

## Heaven on Earth

Matthew 6:10

Heaven on Earth is God's dream for us and our life's work. A 2,000 year old [food forest in Morocco](#) bears witness to consistent abundance when we follow God's landscaping plan.

Wisdom is calling for every human dwelling - every neighborhood - whether urban, rural or suburban to protect our environment, and nurture permanent food systems that yield abundance and permanent peace. Let's share the "gospel of the garden" everywhere we work, play and pray.

# Day 12

Tree of Life

Revelation 22: 1-3

Trees of life line the river of life which pours straight from the center of God. There is abundant fruit and healing for the nations. This scripture is a beautiful Truth that can be experienced as we deepen our faith and broaden our service.

Are you waiting on the shores of this vision of peace? Have you waded in ankle deep, lumbered knee deep, or even swayed waist high? Are you willing to be immersed in God's vision of peace? How is that defined in your life? What steps do you need to take?

Come let us journey together to calm your mind, remove obstacles and get closer to God!



# *Soil & Soul Work*

How do I express gratitude for Earth on a daily basis? Do I touch soil? How close is our relationship?

What community works with me to hold the vision of heaven on earth? What weeds of doubt must be removed before I can commit to climate resilience?

What cooperative ventures am I exploring so that my family maintains peace of mind during the climate changes upon us?

Will loving the land help us resume the human destiny of oneness with our Creator?

Will reaching oneness with our Creator teach us to live in harmony with one another?

[\*Click if you are ready to journey\*](#)

*Let's plant a Tree of Life together!*



"Dele" loves bringing a little more heaven to earth through meditation and land restoration.

Her Christ centered spiritual direction illuminates a conscious understanding of the inner journey including breath work as well as body-mind connections. As a meditation coach, she supports stressed executives, pastors & community leaders develop an inner road map to oneness with our Creator.

She leads groups in 7:14 workshops where we humble ourselves in prayer, seek the oneness of God, and turn away from corruption so that our prayers are heard, sins are forgiven and our land is healed for personal renewal and climate resilience.

Rev. Dele is a grandmother, theologian, visiting professor in permaculture, contemplative and social activist who uses her skills as a Climate Reality Leader and spiritual director-- to assist churches model sustainability in under served communities. Her vision is for *all* human souls to redeem and nurture the earth's soil for climate resilience.

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